

# Rooster's Tale



*Sons in Retirement – Branch 110*

Meeting March 27, 2023 1705 Manzanita Avenue, Chico, CA

Luncheon at 11:30 am—Executive Committee 9:30 am

**Program:** Mike Sherrard will be our luncheon speaker on March 27th.

Mike graduated from Chico High School where he was a multi-sport athlete, lettering in football, basketball, baseball and track.

He entered UCLA as an unrecruited walk-on athlete and left the school with UCLA records for most catches and yards in a career as well as most catches in a season in UCLA history. He graduated from UCLA in 1986 with a BA in History.

He played professional football as a wide receiver in the National Football League for the Dallas Cowboys, San Francisco 49ers, New York Giants, and Denver Broncos.

After retirement, Mike worked as a fundraiser for Autism Speaks. In 2010, he was hired as the wide receivers coach and then as the offensive coordinator at Oaks Christian School.

It is a rare opportunity to have a speaker with these credentials for a Branch 110 luncheon speaker. **It is a great time to invite a guest for the luncheon program.**



**Lunch:** The food will still be served as it has been recently. There will be an option of ordering just a salad **when you respond to the survey.** The cost will still be \$17.

Lunch Menu	Attendance Communication
No menu was available at the time of publication.	It is important to communicate whether you will participate in the <b>March</b> luncheon. <b><u>Please respond to the survey,</u></b> but if you could not do the survey, and <b><u>if you WILL attend,</u></b> contact Rocky Rockwell at 916-209-3217 or Dave Jones at 530-895-1022 <b>by Thursday, March 23.</b>



**Big Sir Message:** Just back from a visit to the doctor and the good news is no parts have fallen off and no new ones have grown. Taking health as a cue, one of the things being an active member of SIR Branch 110 can offer is better health. That may sound like quite a stretch but there's a TED Talk out there where the presenter makes the case for social engagement as a strong predictor for a long life. The presenter displayed a list of behaviors that help predict a long life: Close relationships (#2) and social integration (#1) were the top two behaviors predicting a long life, beating out weight control, exercise, clean air, quitting boozing or quitting smoking. If you want to view the presentation for yourself, look online (or recruit a 12-year old kid to find it for you) for a TED Talk titled "The secret to living longer may be your social life." And I encourage you to attend the next monthly lunch where we can listen to our own special talk and get in some social engagement. See you on the 27th. *Rich*

**Please check out our website for updates and lots of humor.**

**Branch 110 Website: <http://www.branch110.sirinc2.org>  
Webmaster: Ron Braziel**

## 2023 Branch 110 Executive Committee

<b>Big Sir: Rich Utter</b>		<b>Little Sir: Dave Jones</b>	
<b>Secretary: Bob Dinger</b>	<b>Asst. Sec.: Dave Rush</b>	<b>Data Base Mgr: Rocky Rockwell</b>	
<b>Treasurer: Charles Staser</b>	<b>Asst. Treas. : Jose Lopez</b>		
<b>Director: Don Alger (3<sup>rd</sup> term)</b>	<b>Director: Jim Braziel (3<sup>rd</sup> term)</b>	<b>Director: Ken Edson (2<sup>nd</sup> term)</b>	
<b>Director: Ron Braziel (2<sup>nd</sup> term)</b>	<b>Director: Bill Colvin (2<sup>nd</sup> term)</b>	<b>Director: Randy Benson (1<sup>st</sup> term)</b>	

[A list of committees is available on the Branch website.](#)


### Health, Wisdom and Memorials


In order to include information about Branch 110 members who have health issues or have passed away, **everyone's assistance is requested.** If you know of a member who has had health issues or has recently died, please contact Don Alger. Let's not miss acknowledging our fellow members.


**There are many things that seem impossible only so long as one does not attempt them.**


### SIR 110 Activities

**Please remember that when planning SIR activities, it is critical that approval be obtained from the BEC and have it entered into the minutes for insurance coverage.**

Bridge		There was no report of Branch 110 winners for February. Please come join this friendly Bridge group. They meet weekly on Thursdays at 2750 Sierra Sunrise Terrace in Chico at noon. Call Ed Mazdorff at 342-3649 for information.
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Wood Working		The shop is open every Thursday from 10 til 2. Call Craig Lindquist at 530-898- 8483 or Bill Gebhardt at 530-879-0429 for more information.
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ABV 110		As has been previously indicated, the title of this activity has been changed from VINO 110 to ABV (Alcohol By Volume) 110 in order to justify the expansion of the activity to include visits to distilleries and breweries. The first venture under this new concept was a March 9 <sup>th</sup> visit to Mulberry Station Brewing in Chico.
About 20 people enjoyed tasting nine different beers and having dinner after the tasting. Plans for an April activity are being considered. <u>Contact Don Alger for more information.</u>		


Golf		Branch 110 Golf is a very popular activity not only for our members but also for other local SIR Branches. There are tournaments usually twice a month on Mondays with a variety of entertaining formats at different courses. Call <b>Darrell Hands</b> , the Chair of the activity, at 530-966-1303 for information.
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Recent tournaments have been cancelled due to bad weather.






<p><b>Piscatology</b></p>		<p>The fishing group met for breakfast on March 9<sup>th</sup>, to plan our next fishing trip to Bullards Bar Lake, near Marysville.</p>
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	<p>This will be a one day trip on March 28<sup>th</sup>, to fish for Kokanee trout, or bass. We plan on four boats to make the trip. With all the snow in the mountains, we are not sure where the April trip will be. Pictured is the group who attended the March 9<sup>th</sup> breakfast. For anyone interested in fishing with us, join us at Cozy Diner, the second Thursday of each month at 7:00 am. <u>Call Bill Colvin 530-521-7269 for more information.</u></p>
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<p><b>Bowling</b></p>		<p><b>Men's Drop-in League:</b> Play is on the 3rd Tuesday of each month. It is held at the Chico Bowl from 6:30 pm to 8:30 pm. There are 3 games for \$14. Come join other men from both SIR groups. <u>For any questions, you can text Randy Benson at 530-513-9815.</u></p>
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<p><b>Hiking</b></p>		<p>Our next Sons in Retirement hike is scheduled for Tuesday, April 11, in Lower Bidwell Park. We'll take a three-mile hike on level terrain with lunch after for those interested.</p>
<p><b>PLACE:</b> Meet at Sycamore Field Parking, Lower Bidwell Park  <b>DATE:</b> Tuesday, April 11 <b>TIME:</b> 10:00 am  <b>WEAR:</b> Dress for the weather, layers are suggested. Include a hat, and walking or hiking shoes or boots.  <b>LOGISTICS:</b> Parking is available at Sycamore Field. Sycamore Field is accessible from South Park Drive. Bring water for drinking, a snack if desired, walking poles or staff if desired, and a personal first aid kit. Include in your pack the name and contact information for an emergency contact and your medical insurance information. If you bring walking poles, please include rubber tips as we'll be walking on hard surfaces.                  Bring money for lunch. Afterward, we'll go to lunch in Chico at a place to be determined.  <b>ROUTE COMMENTS:</b> We'll take a hike on level terrain. The maintained path is paved or gravel. There are restrooms fairly close to the start and near the midpoint. We'll walk along the path that is south of Big Chico Creek past Cedar Grove then take the next crossover to the north side of the creek and return along Petersen Memorial Way.</p>		

<p><b>Pinochle</b></p>		<p>The pinochle report of the February winners: Barbara Fradilla - 1st; Cindy Heffren and Jenni Boles - tied for second. We meet at 11:00 am on March 22 for lunch and cards at Butte Creek Country Club. Come join us. <u>Call Joe Navarro at 343-0832 with questions.</u></p>
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<p><b>Out to Lunch</b></p>		<p>There is no report of plans for an OTL activity in March.</p>	
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**At the March luncheon, please plan on paying your \$24 ABC Fee, if you have already not done so.**

# Ladies Day Lunch

## LADIES' DAY LUNCH PLANNING IS UNDERWAY

Our Ladies' Day Committee is at work planning a lunch to honor the women in our lives. We're looking at early May for the lunch date, tentatively set for May 3 at the Elk's Club. The last Ladies' Day event was held in 2019, pre-COVID, and we'd like to get back to holding this event.

### WHAT WE NEED FROM SIRs:


- Telling us if you have an interest in attending and the number (no obligation - this is an estimate)
- Prizes so we can hold drawings. At this point offers would be good - closer to the event we'll seek the items themselves
- Price at this point is to be determined - but we will budget for live piano music


The Ladies' Day Lunch is subject to BEC approval, to be requested at the March meeting.

Please contact Randy Benson or Rich Utter with any questions.

## SIR 110 Information Resources

**History and Travel do not currently function as traditional activities but do provide information about opportunities for participation in history and travel events. Therefore, it was decided to create a separate category for these two SIR interests.**

<p><b>History</b></p>		<p>There are no official SIR History Club activities planned. Please forward any ideas for any potential group history activities. There will be an endeavor to keep interested folks informed about upcoming history related activities. Please contact Don Alger at <a href="mailto:dalger@csuchico.edu">dalger@csuchico.edu</a> for more information on the following events.</p>
<p><b>Chico History Museum Presentations</b></p>		
<p>March 25</p>	<p>UNVANQUISHED — ISHI'S FIRST FOUR MONTHS IN SAN FRANCISCO</p>	
<p>April 29</p>	<p>CHICO MONEY</p>	
<p>May 06</p>	<p>A CHICO WALK-AND-TALK</p>	
<p><b>Butte County Historical Society</b></p>		
<p>March 18 at 2:00 pm</p>	<p>OROVILLE'S TWO CHINATOWNS</p>	

<p><b>Travel</b></p>		<p>There are some tours scheduled for 2023.</p> <ul style="list-style-type: none"> <li>• <b>Scenic Ireland Trip through Ireland - April 14-27, 2023.</b></li> <li>• <b>Salmon Fishing in Ketchikan, Alaska, during the last two weeks in June 2023. Contact Heber Slusser at <a href="mailto:Branch62sir@gmail.com">Branch62sir@gmail.com</a></b></li> <li>• <b>Autumn Colors Trip to East Coast - October 13-22, 2023.</b></li> </ul> <p>For information on tours, contact Jose Lopez at 891-6715 or 864-5978.</p>
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**50 Years Ago** **March 24, 1973:** The 591st and final episode of the *Lassie* TV series was aired in syndication, after the beloved collie had gone through multiple owners in over 19 consecutive seasons in various scenarios. On September 12, 1954, the show had premiered on CBS with Tommy Rettig ("Jeff") as his first owner, followed by Jon Provost (Timmy) in 1957, a succession of U.S. Forestry Service rangers from 1964 to 1969, two seasons on her own until 1971, and two seasons at a ranch.

**The Annual Basket Collection (ABC) fee is due for 2023.**





**There are currently 110 active members.**

Membership brochures and applications are always available at the membership table or you can call Don Levensaler at **891-1045** to get one via the postal service.

## Guests in February

**Gene Rideout** – Guest of Jim Braziel  
**Clay Dalrymple** – Guest of Jim Braziel

**Lou Mione** – Guest of Jim Braziel  
**Gary Wolf** – Guest of Jose Lopez

## ABC Fees

**The Annual Basket Collection (ABC) fee is due for 2023. It will be \$24.00 for the year and it will be collected at the membership table in March. If you have not paid, and if you will not be at the March 27<sup>th</sup> luncheon meeting, a check made out to SIR Branch 110 should be mailed to Don Levensaler, 2354 Burlingame Dr., Chico, CA 95928.**

## New Members Needed for Branch 110

You may ask why we need more members. There are several reasons and some will be pointed out.

1. There have been several activities which have been discontinued due to a lack of interested members. There are currently activities which are in jeopardy of "folding" due to a lack of participation. New members will provide a larger pool for membership of our activities.
2. We are approaching a minimum number of luncheon participants which we need to have in order to meet the Elks minimum requirement for which we have to pay for lunches even if there were not that many actual participants.
3. New members are always needed for new ideas and new leadership roles. It has been a real challenge to try and find members willing to serve on committees or on the BEC.
4. It has been estimated that around 150 members is ideal for a social organization in order to provide healthy sustainability and leadership. We currently have less than 100 "participating" members and only about 60% actually attend luncheons. **We need more members!**

## Announcements



- **Editor's Note:** The deadline for the **April** issue is **Thursday, April 6**. Send your information by email: [dalger@csuchico.edu](mailto:dalger@csuchico.edu) or phone at (530) 894-2452.
- **Future Programs:** The program for **April 24** will be an interesting presentation about the experiences of a Vietnam helicopter pilot presented by **Gary Bright**.
- **Ladies Day Lunch:** A tentative date is Wednesday, May 3. Stay tuned for more information. **Rich Utter and Randy Benson** have volunteered to plan this event.
- **Christmas Party:** **Craig Lindquist** will again chair the planning for this event. It is currently scheduled for **Monday, December 4<sup>th</sup>**. Save the date and get ready for another gala event.
- **Rosters for 2023:** You can pick up your 2023 Roster at the March Luncheon meeting if you have not done so. Thanks to **Rocky Rockwell** for all his work on this project.
- **State SIR Bulletin: ("Sir Happenings")** The latest edition is available for review at <https://sirinc.org/newsletters/>



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If you have a March Birthday, join us at the March 27<sup>th</sup> luncheon and find out what you might win. **It could be a free lunch! \***

Rocky	Rockwell	Mar	1	Larry	Hildenbrand	Mar	20	Vern	Hartman	Mar	25
Norman	Atkin	Mar	7	Scott	Donahoo	Mar	23	Bob	Weckerle	Mar	26

**\*It is possible to get a free lunch without being a Birthday Boy. There has been a free lunch winner at some meetings from a random selection process. Also both the sponsor and his guest will receive a free lunch when the guest joins and is inducted.**

**Please plan on bringing a friend to the next SIR meeting.**

**A friend may be waiting behind a stranger's face.**

# Happy St Patrick's Day!